

| Dates | Phase | Era |
|---------------|------------------------------------------------------------|--------------------------|
| 7000–5500 BCE | Mehrgarh I (aceramic Neolithic) | Early Food-Producing Era |
| 5500–3300 | Mehrgarh II-VI (ceramic Neolithic) | Regionalisation Era |
| 3300–2600 | Early Harappan | |
| 3300–2800 | Harappan 1 (Ravi Phase) | |
| 2800–2600 | Harappan 2 (Kot Diji Phase, Nausharo I, Mehrgarh VII) | |
| 2600–1900 | Mature Harappan (Indus Valley Civilization) | Integration Era |
| 2600–2450 | Harappan 3A (Nausharo II) | |
| 2450–2200 | Harappan 3B | |
| 2200–1900 | Harappan 3C | |
| 1900–1300 | Late Harappan (Cemetery H); Ochre Coloured Pottery | Localisation Era |
| 1900–1700 | Harappan 4 | |
| 1700–1300 | Harappan 5 | |
| 1300–300 | Painted Gray Ware, Northern Black Polished Ware (Iron Age) | Indo-Gangetic Tradition |