

ENGLISH MEAL

Many Englishmen eat porridge with milk for breakfast. English people often take sugar in their porridge. But porridge is a Scotch dish, and the Scotch always put salt in it, and never sugar.

English people drink a lot of tea. Some English people have tea for breakfast, tea in the middle of the morning, tea after dinner, tea in the middle of the afternoon, tea at tea-time and tea with supper.

At work they take five or ten minutes in the middle of the morning and the afternoon to have a cup of tea. At tea-time they have one, two, three or more cups of tea, bread and butter, or cakes.

Some English families have "high tea" or "big tea" and no supper. For high tea they may have meat, bread and butter, cakes, and, of course, a lot of tea.

The English always drink tea out of cups, never out of glasses. In England they usually drink tea with sugar and milk. When you go to an English house for tea, the housewife always asks you, "How many lumps (pieces) of sugar do you take in your tea?" The answer is: "I take one lump (or two lumps)" or sometimes: "I don't take any sugar."

Tea with lemon in it is called "Russian tea" in England.

Englishmen always eat bread with their soup. With meat and vegetables they never eat any bread. Some Englishmen only eat one thin piece of bread at dinner.

On working days many English people have lunch at one o'clock instead of dinner. Lunch is usually cold, but some Englishmen have thin soup at lunch.