



PRE-/POST-TEST

Nutrition Labeling Test

Fill in the Blank

Read the hot dog ("frank") label and answer the following questions.

- 1 How many hot dogs equal one serving? _____
- 2 How many calories _____ processed _____

Nutrition Facts	
Serving Size: One Frank (45 g)	
Servings Per Container: 10	
Amount Per Serving	
Calories 45	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	5%
Saturated Fat 1g	5%
Cholesterol 15mg	18%
	1%

according to USDA regulations defining the use of antibiotics, antifungals, fungicides, preservatives, and other chemical ingredients

6. _____

7. _____ salts added to food to prevent botulism

but added to food either intentionally or by _____

9. _____ salts containing sulfur added to foods to prevent spoilage

10. _____ unsuitable for ingestion