

EASTERN OREGON HEAD START **WEEKLY LESSON PLAN FORMAT**

NOTE: Star (*) child-initiated activities used during the week.

Week of:		Center:		Teachers:		
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Greeter: Volunteers:	Individualizing:					
Required Daily: Literacy Music Fine/Gross Motor	Small Group: (Skill Building, Skill Practice)					
Weekly: Physical Ed. S.T.E.P. Math & Science Second Step (Mental Health)	Large Group: (Instruction, Music & Movement)					
Monthly: Health / Hygiene Dental Health Nutrition Safety Fire Drill	Transition Activities: (Songs & Routines)					
	Story Time:					
	Computer:					
Theme:	Library & Listening Center:	Open-Ended Art Projects:	Dramatic Play:	Health & Hygiene:		
Theme-Related Books:	Writing Center:	Science & Discovery:	Music & Movement:	Mental Health/Self-Esteem:		
Emergent Learning (Child Contributions):	Math & Problem Solving:	Toys & Games/Manipulatives:	Outside Play:	Personal Safety:		
Parent Contributions to Curriculum:	Block Center:	Sensory Table/Carpentry:	Physical Education:	Nutrition & Dental Health:		

Orange: Health & Safety Blue: Mental Health/Second Step Yellow: Literacy Green Gross Motor Pink: Nutrition & Dental Purple: Math & Science