

Career and Education Planning Worksheet

Name: _____ Date: _____

Congratulations on beginning to plan for your future! Complete this worksheet as you move through the Career Planning unit. As you complete each of the activities, you can transfer key information to this worksheet. When you finish, you will have a career and education plan to take with you. It will help you think about additional information you may need to gather from other sections of the website such as Applying to College and Financial Planning.

Self Exploration

I have the most experience doing this type of work: (Using the *Things I Have Done Worksheet*, put a check mark beside the area in which you have the most experience.)

____ Working with People ____ Working with Things ____ Working with Data

My top three skills are: (Use the *Skills Identification Worksheet*.)

1. _____
2. _____
3. _____

My top three job and work values are: (Use the *Job Values Inventory Worksheet*.)

1. _____
2. _____
3. _____

My top three interest areas are: (From the online *O*Net® Interest Profiler™*.)

1. _____
2. _____
3. _____

Three occupations that I would like to explore further are: (List the three occupations that you identified using the online *O*Net® Interest Profiler™*.)

1. _____
2. _____
3. _____