

Worksheet on Hebrew Poetry

Analyze the following psalm (Ps. 30) and in the right margin of this page, identify the forms of parallelism (antithetic, formal, etc.). Indicate whether the parallelism is complete or incomplete. Also, identify any other larger structures you recognize between verses.

- 1 I will extol you, O Lord, for you have drawn me up,
and did not let my foes rejoice over me.
- 2 O Lord my God, I cried to you for help,
and you have healed me.
- 3 O Lord, you brought up my soul from Sheol,
restored me to life from among those who gone down to the Pit.

- 4 Sing praises to the Lord, O you his faithful ones,
and give thanks to his holy name.
- 5 For his anger is but for a moment;
his favor is for a lifetime.
Weeping my linger for the night,
but joy comes with the morning.
- 6 As for me, I said in my prosperity,
“I shall never be moved.”
- 7 By your favor, O Lord,
you had established me as a strong mountain;
you hid your face;
I was dismayed.

- 8 To you, O Lord, I cried,
and to the Lord I made supplication:
- 9 “What profit is there in my death,
if I go down to the Pit?
Will the dust praise you?
Will it tell of your faithfulness?”
- 10 Hear, O Lord, and be gracious to me!
O Lord, be my helper!”

- 11 You have turned my mourning into dancing;
you have taken off my sackcloth and clothed me with joy,
- 12 so that my soul may praise you and not be silent.
O Lord my God, I will give thanks to you forever.

(over)