

# American Cheese

## Nutrition Facts

Serving Size 2 Slices

Servings Per Container 16

Amount Per Serving

**Calories 210**    **Calories from Fat 150**

%Daily Value\*

**Total Fat** 17g    **26 %**

**Saturated Fat** 11g    **54 %**

**Cholesterol** 50mg    **17 %**

**Sodium** 790mg    **33 %**

**Total Carbohydrate** 1g    **0 %**

**Dietary Fiber** 0g    **0 %**

**Sugars** 1g

**Protein** 12g

**Vitamin A** 15%    •    **Vitamin C** 0%

**Calcium** 35%    •    **Iron** 0%

\* Percent Daily Values are based on a 2,000 calorie diet.



LOW=5% or less    HIGH=20% or more

