

# Edible Roots

Would you like to eat a root? You probably already have. People and animals eat many kinds of roots. Most roots that people eat are usually called **root vegetables**. A root vegetable is what we call veggies that grow underground.

A carrot is one type of root vegetable. It is the orange, edible root of the carrot plant. Many people like to put it in salads or eat it right out of the ground. The turnip is another root vegetable. It is a member of the cabbage family. Turnips are usually eaten boiled, steamed, roasted, fried, pickled, or even raw.

**Edible**-Fit to be eaten, not harmful if eaten.

**Vegetable**-Edible part of plant other than sweet fruit or seed.

Although some people do not consider potatoes to be a veggie, they are a root vegetable. People like to eat them mashed, boiled, and fried. Sweet potatoes, yams, beets, and leeks are some other root vegetables that people like to eat.

⇒ Answer the following questions.

1. What is this story mostly about?

A) Carrots are orange.

B) What edible means.

C) Root vegetables people eat.

D) A potato is not a vegetable.

2. What is a root vegetable?

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3. What is a vegetable?

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4. Write a complete sentence about your favorite root vegetable and how you like to eat it.

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