



Weekly Spending Log

Fixed Expenses	Week 1	Week 2	Week 3	Week 4	Week 5
Rent					
Mortgage					
Home Equity Loan					
Credit Card Payment					
Insurance					
Child Care					
Child Support					
Alimony					
Dues					
Car Loan/Lease					
Allowances					
Monthly Prescriptions					
Other Fixed Expenses					
Totals:					
Fixed Expense Total:					
Flexible Expenses	Week 1	Week 2	Week 3	Week 4	Week 5
Electric/Gas/Oil/Fuel					
Water/Sewer/Garbage					
Telephone					
Groceries					
Cable TV/Satellite					
Dry Cleaning					
Internet Service					
Additional Credit Card Payment					
Dining Out					
Other Variable Expenses					
Totals:					
Flexible Expense Total:					
Discretionary Expenses	Week 1	Week 2	Week 3	Week 4	Week 5
Education					
Medical/Dental/Vision					
Entertainment					
Going Out/Events					
Clothing					
Personal Services					
Sports or Hobbies					
Home Repairs/Maintenance					
Car Repairs/Maintenance					
Charitable Donations					
Gifts					
Books, Newspapers, Magazines					
Other Discretionary Expenses					
Totals:					
Discretionary Expense Total:					
Overall Total:					