wr

wrist	wreath	write	wrinkle
wrong	wrench	wrote	wren
wrap	wreck	wring	wrestle

kn

knee	knot	knight	know
kneel	knit	knob	known
knelt	knuckle	knock	knew

St. James
23 miles
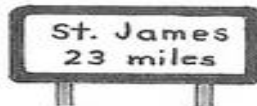
gn

| sign | gnaw | gnome | gnash |
| design | gnat | gnu | |

-mb

| lamb | dumb | numb | comb |
| limb | thumb | crumb | climb |