

Name:

Date:

Nutrition

Unscramble the words. Find the correctly spelt words in the word search.

Nutrients
Carbohydrates
Proteins
Fats
Vitamins
Minerals
Glycogen
Water
Beads
Mats
Butter
Vegetables
Cereal
Alcohol
Sodium
Fruits

Words are in straight lines, moving along a spiral arm.
This word search will take about 19 minutes.

