



The XLR8 Team, Inc.

Ignite the champion within.

Coaching Planning Worksheet: \_\_\_\_\_  
NAME DATE

Target/Focus	Description Now	Description Desired
<b>Personal</b> <ul style="list-style-type: none"><li>❑ Health</li><li>❑ Money</li><li>❑ Time</li><li>❑ Relationships</li><li>❑ Professional</li><li>❑ Other</li></ul>		
<b>Organizational</b> <ul style="list-style-type: none"><li>❑ Financial</li><li>❑ Marketing</li><li>❑ Community</li><li>❑ Human Resources</li><li>❑ Board of Directors</li><li>❑ Leadership Team</li><li>❑ Management</li><li>❑ Other</li></ul>		

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