

Counseling Techniques

Techniques used in classroom, individual, and group counseling include:

- ❖ Role-playing
- ❖ Hands-on Activities
- ❖ Stories/Books
- ❖ Counseling Games
- ❖ Skill Building
- ❖ Goal Setting
- ❖ Student Contracts
- ❖ Worksheets
- ❖ Art Media
- ❖ Discussions
- ❖ Puppetry
- ❖ Videos, Music
- ❖ Journaling

Check out helpful materials from the Guidance Office, located in the school library. Stop by today! Or, visit our website, classnotesonline.com and look for Mrs. Shepherd's name for helpful on-line resources.

OTHER SERVICES OFFERED...

- *Character Education-**
a program to teach, promote, and recognize good character traits among students. Bullying awareness and education is also addressed.
- *Child Abuse Prevention**
- *Consultation/Collaboration with teachers**
- *Parenting Skills -**
meetings/referrals available upon request, as well as education classes offered throughout the year.
- *School wide Ambassador Program -**
Students helping students and service projects throughout the year
- *School wide Environmental Helpers**
Student recycling program
- *Habits of Mind**
Students learn and use 16 intelligent behaviors that help them to solve problems.
- *Bully Prevention**
- *Parent Resource Center**
Provides parents with books and other resources right in the Spring Run Library.

SPRING RUN ELEMENTARY SCHOOL



School Counseling & Guidance Program 2007-2008

SCHOOL COUNSELORS:

Terri Shepherd M.Ed
Terrig_shepherd@ccpsnet.net

Erin Krietsch M.A.N.C.C
erin_krietsch@ccpsnet.net

(804) 639.6352

Fax (804) 639.9015