

You know what when I actually think about depression I find it very sad. It's sad how a person has to experience those feelings and live with them each day. Deal with those thought day after day, month after month and year after year. People that take depression and make it a way to get attention, honestly should go fuck themselves because it is one of the most painful things to deal with in your life. It changes everything, the way you act, the way you live. It changes the amount of friends you have, because when your depressed you push people away, you don't mean to, but you lose half the things you love. You wake up everyday with a feeling of hate for the world and your life. You go to sleep just wishing that for some reason you won't wake up. Depression is not something to be happy about. And to be honest, I hate the fact that everything I just said, is only a quarter or what I feel. Some people get excited when they're diagnosed with depression. "Oh I'm going to go tell my friends, maybe ill get some sympathy". No you stupid cunt. It is the worst thing, that's why, when I was diagnosed with depression. I felt crazy, because I'm not normal. I'm depressed, and pain lives in me, and I can't escape it. That's the sad thing. No one takes it seriously.