

## Worksheet: Self-Confidence

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1. Read the **Little Dictionary** with your group. Your class will talk about the words.
2. Read the title and the first 4 *headings* (the dark, bold parts).
3. Go back and read the first four paragraphs.
4. This article says that self-confidence is like \_\_\_\_\_.
  - a. a child
  - b. a passport and a key
  - c. a mirror
  - d. a door
5. What do you think about this comparison?
  - a. I agree.
  - b. I disagree.
  - c. I don't understand.
6. This article says that \_\_\_\_\_ are the #1 source of self-confidence for a child?
  - a. friends
  - b. teachers
  - c. parents
  - d. books
7. How do you think your child's self-confidence is?

(low) 1   2   3   4   5 (high)
8. How is your own self-confidence?

(low) 1   2   3   4   5 (high)
9. Remember when you were a child. How was your self-confidence?

(low) 1   2   3   4   5 (high)
10. Why do you think it was like that? \_\_\_\_\_

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