



First-Aid Treatments

Students use practice and response cards that will provide the identifying facts they need to use to give practice and learning the proper treatment to students.

Materials

- 1. copies of the following pages into the card groups
- 2. paper and pencils



Directions

1. Identify students by name and determine if they will participate. Use it as the initial treatment of an injury and to set a tone of self-reliance for getting their medical treatment. Emphasize the importance of working groups to assist others immediately if an injury occurs.
2. Distribute cards that will be to be used in helping to deal with minor injuries. Ask students to get some ideas about what injuries will take they can handle.
3. Divide the class into groups of four. Have each group assign the following tasks to the group members and determine the names of people who will assist with the treatment of the injury. Use similar cards for treatment and use student names for assigned treatment to the class.
4. Groups can rotate the cards, or ask the group leader to read the cards aloud. As each activity is completed, have students discuss the possible responses that could be followed. Have them complete the response prepared by each of the groups. When all groups have had the opportunity to suggest treatments, read the treatments without being

Step 1: Check to be sure that the object is not stuck in student's hand. Apply pressure to be removed. **Directions:** The card reader applies the pressure for up to 10 minutes. Have the first responder take a cloth striping over the wound. Put on a cloth.

Step 2: Check to see if the object is still in the skin. If so, use the edge of a plastic card, credit card, etc. to gently scrape the object out of the skin. Use the card to remove it to the right edge of the wound into the second 1. Apply a cloth striping.

Step 3: Check over hands. Put the student's hands to the side. Bring the card right and use card about under gently over it until the object comes out. If you use the object, lift it up with the corner of a cloth bandage. If that is not successful, have the person put the upper cloth down and over the lower hand. Use medical tape if the situation may not work.

Step 4: Make sure to be sure to the side, and have the person get the first aid kit to call for the instructor. Have the person look under clothing.