

**UNIT I:****Learning About Yourself — LESSON 1****GOALS:**

- » Get to know other students in the class
- » Define success
- » Describe a successful student

**HANDOUTS/WORKSHEETS:**

- » Find Someone Who
- » The Thinker
- » What is Success?

**LESSON OUTLINE AND TEACHER NOTES:****1. Icebreaker Activities.**

- A. Introduce yourself. Explain class rules (add to or modify as needed) You are expected to ask questions if you don't understand, you are to get help from others when allowed to. Work together, roll up your sleeves so-to-speak and get the tasks accomplished. Be polite and respectful of everyone and everything in this room. Not everyone knows each other and I would like to see how well you can follow directions, so I have two activities to put you to the test.
- B. You have 6 minutes to talk to your classmates and get answers to the statement or question and their name on the worksheet "Find Someone Who". When the 6 minutes are up, I'll see how you have done and what you have accomplished. Begin! Have students keep their papers for now, they will finish Part II later.
- C. Here is your second task: In this area, I would like you to "sort yourselves out in alphabetical order by your last name, "A" begins here". You have 3 minutes. (talk about how they did in following directions, demonstrating teamwork, etc.)
- D. In this class here are some of the things we are going to learn and work on... (Share some topics and projects that will be covered in unit).  
In addition, these are my expectations... (Share any additional rules or class expectations).
- E. Now that I've told you my expectations and what this class is all about, I would like you to complete the rest of the worksheet – Find Someone Who on Part II you will see 8 numbered boxes. This is called "The Thinker" activity – you must do some thinking! I want you to write down what you think of when I say the word or the phrase. You only have the space in that box to put your answer. Ready?

1. A fun school subject	2. A sport	3. A good smell
4. A fun assignment	5. A good career	6. Name of restaurant
7. Your best quality	8. A hero	

Collect papers to read and review.

**2. Assignment.**

What is Success? worksheet. Students should have class time to start on this and then finish for homework.