

## **Worksheets to accompany Mental Health Advocacy Self-Study DVD**

### **Purpose of DVD:**

- to provide information that will equip ombudsmen to effectively advocate for people with mental health needs
- to provide an overview of the resident population, particularly in the Adult Care Home setting, who have mental illness
- to suggest communication techniques and skills that may be helpful in this setting

### **The questions below relate to Part I of the DVD.**

1- What are 3 main points that Dr. Wehry makes about people living with mental illness?

2- What is your role as an advocate in working with people living with mental illness?

3- Which movement does Dr. Wehry encourage you to support?

4- What are the types of challenges that advocates encounter in helping people living with mental illness?

5- Of the 200 forms of mental illness, which common forms are the one's that Dr. Wehry suggests advocates need to know about?