Time
Management
for Student Athlete

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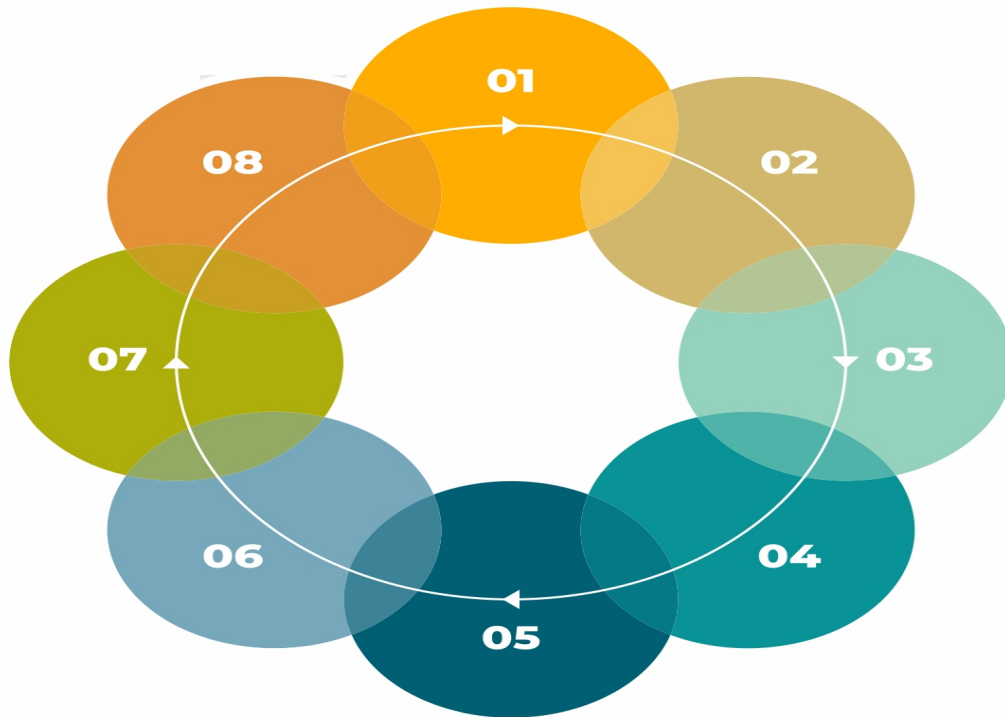
1	Prioritize Practice	2	Use Planner	3	Complete assignment in chronological order	4	Begin study in advance
5	Avoid Procrastination	6	Don't take too many responsibility	7	Maintain a consisten sleep	8	Keep distraction at bay