

## **Final Lesson Plan SIOP Model** **-- Food and Nutrition --**

**Target Group:** ESOL students 3<sup>rd</sup> Grade  
**Age of Students:** 8-9 years old  
**Skill Level:** Beginning to Intermediate  
**Time:** 1-2 Hours

### **TESOL National ESL Standards for Pre-K-12 Students**

Goal 2: To use English to achieve academically in all content areas

Standards:

1. Students will use English to interact in the classroom.
2. Students will use English to obtain, process, construct, and provide, subject matter information in spoken and written form.
3. Students will use appropriate learning strategies to construct, and apply, academic knowledge.

### **New Hampshire Curriculum Standard 3 for Life Science:**

3d. Curriculum Standard: Students will demonstrate an increasing ability to understand fundamental structures, functions, and mechanisms of inheritance found in microorganisms, fungi, protists, plants, and animals.

### **WIDA Standard: English Language Proficiency Standard 4:**

English language learners communicate information, ideas and concepts necessary for academic success in the content area of Science.

**1. Content Objectives:** Students will:  
(Read orally and list on board)

- A. Understand that a human body needs healthy food to function properly.
- B. Identify and describe the food categories used in the USDA food pyramid
- C. Chart the foods eaten during one day and describe how well they adhere to the food pyramid.
- D. Understand how many servings in each food group we should eat on day.
- E. Activate knowledge of the food guide pyramid and the basic food groups in order to plan nutritious meals.

**2. Language Objectives:** Speaking, Listening, Reading and Writing

(Read orally and list on board)

- A. Students will learn key vocabulary about food pyramid and nutrition
- B. Students will read for information