

## Worksheet for mental health promotion interventions for older adults

Date: \_\_\_\_\_

Name of intervention: \_\_\_\_\_

Guidelines	Actions	Where are you now?	Where do you want to be in a year?	What needs to happen? (strategies, activities)	Did it happen?
1. Does your initiative identify and address a specific population?	<ul style="list-style-type: none"> <li><input type="checkbox"/> Identify specific population and determine mental and physical health needs</li> <li><input type="checkbox"/> Identify how, when and where population can be reached</li> <li><input type="checkbox"/> Determine how to maintain specified population's participation throughout process</li> <li><input type="checkbox"/> Other</li> </ul>				