mf mezzo forte = medium loud (pronounced "MET-soh FOR-tay")

f forte = loud ("FOR-tay")

ff fortissimo = very loud ("for-TISS-im-oh")

fff fortisissimo = very, very loud ("FOR-tiss-SISS-im-oh")

and so on...

mp mezzo piano = medium quiet ("MET-soh PYAN-oh")

p piano = quiet ("PYAN-oh")

pp piannissimo = very quiet ("PEE-an-ISS-im-oh")

ppp pianississimo = very, very quiet ("PEE-an-Iss-ISS-im-oh")

and so on...