

### Recommendations

- Always follow your teacher's written and verbal directions exactly.
- Do not touch any equipment, chemicals, or other materials in the laboratory area until you are instructed to do so.
- Ask your teacher before proceeding with the activity.
- Ask for help if you do not understand a direction or part of a procedure.
- Always wear the appropriate safety equipment.
- Notify the teacher immediately of any unsafe conditions you observe.
- Always use science tools the way they should be used.
- Keep your workspace clean and neat.
- Keep hands away from face, eyes, mouth, and body while using chemicals or lab equipment.
- Do not wear loose clothes, take off jewelry, and tie back your hair if it is long.
- Never eat or drink in the laboratory or during a science investigation.
- Know what to do in case of an emergency. Know the location of emergency exits.

### Lab Safety

