

07/08 Behavioral Health and Recovery Services Training

Nov. 16th The Principles and Techniques of Motivational Interviewing: Introduction to Motivational Interviewing.
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What was the most valuable information?

- Being able to take part in activities with others and apply the techniques. Role play (I usually hate role plays)
- Clear broken down steps/examples
- Hearing examples of different techniques
- Hands on training
- Practicing affirming responses to clients
- Putting into practice the previous day's training
- OARS
- PRACTICE
- Mixing didactic and experiential
- Learning about reasons that MI is best practice, and learning techniques
- To roll with resistance
- To find out that my agenda is the last goal for the client
- Feedback from presenter and colleagues
- Rolling with Resistance
- Practicing the techniques repeatedly

Future Topics:

- More on positive MI training
- Specific drug educations
- Diego to come back
- Conflict Resolution Training
- Anger Management Training
- Differential Diagnosis
- Assessment Training
- How do you apply MI in a work place among co-workers and supervisors?
- Make the training of the 16th an all day training
- More MI practice especially in culturally diverse situations
- Working with criminal justice clients
- AOD assessments and referrals tools used AS1 A assessment coordination clinician readiness intake coordinator
- Treatment planning/development (for this MI training add a case example to see process and progress)
- Other MI training; Steven Malcolm, Berg Smith
- Monthly skill sessions using MI principle
- More advanced/next level MI training
- CBT. Working with resistant clients