

### MEDICATION WORKSHEET

Student Name \_\_\_\_\_ Pt. Initials \_\_\_\_\_ RM# \_\_\_\_\_ Dr. \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Allergies: \_\_\_\_\_ Last BM: \_\_\_\_\_

MEDICATION (Brand/Generic)	CLASS	LAB RELEVENT TO MED	LAB NORMS	IMPLEMENTATION	REASON FOR TAKING	PATIENT TEACHING
Lanoxin/digoxin  Dose: 0.25mg PO  Frequency: daily  Time: 0900	Antidysrhythmic Cardiac glycoside  Normal Dose: 0.063-0.5mg PO daily	Digoxin level 1.5ng/ml K+ 4.2mEq/L Ca+ 9.1 mg/dl Mg+ 1.7mg/dl	Dig: 0.5-2ng/ml K+: 3.5-5.5mEq/L Ca+: 8.4-10.2 mg/dl Mg+: 1.6-2.6 mg/dl	Take Apical pulse x 1 min, hold if <60 or >100. Notify MD for changes in rate, quality Monitor I&O, weight Assess lungs for rales, crackles <b>Adverse effects:</b> Symptoms of CHF: dyspnea, weight gain, edema Signs of toxicity: abd pain, N&V, bradycardia, visual disturbances,	CHF Slows and strengthens heart	Do not double dose How to take pulse Report dyspnea, weight gain, edema
KCL/Potassium chloride  Dose: 20 mEq PO  Frequency: daily  Time: 0900	Electrolyte replacement  Normal Dose: 40-100 mEq PO divided	K+ 4.2mEq/L	K+ 3.5-5.5mEq/L	Monitor pulse & BP Take with food for GI upset  <b>Adverse effects:</b> Hypo K+ (weakness, fatigue, arrhythmias, polyuria, polydipsia) Hyper K+ (fatigue, muscle weakness, paresthesia, confusion, dyspnea)	Replace K+ due to diuretic use	Avoid salt substitutes. Report weakness, tingling, fatigue, diarrhea, N&V. Foods high in K+: Avocados, bananas, broccoli, tomatoes, peaches, nuts, potatoes, cantaloupe, dried fruit, peaches, spinach.
Lasix/furosemide  Dose: 20 mg PO  Frequency: BID  Time: 0900, 1800	Loop diuretic  Normal Dose: 20-80 mg PO per day	K+ 4.2mEq/L Other electrolytes (see above)	K+ 3.5-5.5mEq/L	Monitor BP, pulse, weight, I&O.  <b>Adverse effects:</b> Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity.	Remove fluid and decrease hypertension	Change positions slowly, eat foods high in K+ (see above), Use sunscreen
Keflex/cephalexin  Dose: 500 mg PO q 6 hr  Frequency:  Time: 0900, 1500, 2100, 0300	Antinfective 1st generation cephalosporin  Normal Dose: 1-2 gm PO qd	Culture results Hepatic enzymes WBC: 14.3 Urinalysis Bacteria	WBC 5.0-10.0 x 10 3rd  No bacteria	Note allergies May give on full or empty stomach Administer around the clock Refrigerate oral suspension <b>Adverse effects:</b> Dizziness, diarrhea, anorexia, N&V, superinfection	Mild UTI	Finish all med Take missed dose ASAP, do not double dose. Report failure to resolve Notify MD fever, diarrhea