MEDICATION WORKSHEET

| Student Name | Pt. Initials | RM# | Dr | |
|--------------|--------------|-----|----------|--|
| Diagnosis: | Allergies: | | Last BM: | |

| MEDICATION | CLASS | LAB | LAB NORMS | IMPLEMENTATION | REASON | PATIENT TEACHING |
|---|---|--|---|---|---|---|
| (Brand/Generic) | | RELEVENT | | Take Apical pulse x 1 min, hold if <60 or >100. | FOR | Do not double dose |
| Lanoxin/digoxin | Antidysrhythmic | TO MED | Dig: 0.5-2ng/ml | Notify MD for changes in rate, quality | TAKING | How to take pulse |
| | Cardiac | | K+: 3.5-5.5mEq/L | Monitor I&O, weight | | Report dyspnea, weight |
| Dose: 0.25mg PO | glycoside | Digoxin level | Ca+: 8.4-10.2 | Assess lungs for rales, crackles | CHF | gain, edema |
| | | 1.5ng/ml | mg/dl | Adverse effects: | Slows and | |
| Frequency: daily | Normal Dose: | K+ 4.2mEq/L | Mg+: 1.6-2.6 mg/dl | Symptoms of CHF: dyspnea, weight gain, edema | strengthens | |
| | 0.063-0.5mg PO | Ca+ 9.1 mg/dl | | Signs of toxicity: abd pain, N&V, bradycardia, | heart | |
| Time: 0900 | daily | Mg+ 1.7mg/dl | | visual disturbances, | | |
| MEDICATION | CLASS | LAB | LAB NORMS | IMPLEMENTATION | REASON | PATIENT TEACHING |
| (Brand/Generic) | | RELEVENT | | Monitor pulse & BP | FOR | Avoid salt substitutes. |
| KCL/Potassium | Electrolyte | TO MED | K+ 3.5-5.5mEq/L | Take with food for GI upset | TAKING | Report weakness, tingling, |
| chloride | replacement | | | | | fatigue, diarrhea, N&V. |
| | | K+ 4.2mEq/L | | Adverse effects: | Replace K+ | Foods high in K+: |
| Dose: 20 mEq PO | Normal Dose: | | | Hypo K+ (weakness, fatigue, arrhythmias, | due to | Avocados, bananas, |
| | 40-100 mEq PO | | | polyuria, polydipsia) | diuretic use | broccoli, tomatoes, |
| Frequency: daily | divided | | | Hyper K+ (fatigue, muscle weakness, | | peaches, nuts, potatoes, |
| | | | | paresthesia, confusion, dyspnea) | | cantaloupe, dried fruit, |
| Time: 0900 | | | | | | peaches, spinach. |
| | | | | | | |
| MEDICATION | CLASS | LAB | LAB NORMS | IMPLEMENTATION | REASON | PATIENT TEACHING |
| (Brand/Generic) | | RELEVENT | LAB NORMS | IMPLEMENTATION Monitor BP, pulse, weight, I&O. | FOR | PATIENT TEACHING Change positions slowly, |
| | CLASS Loop diuretic | | | Monitor BP, pulse, weight, I&O. | | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see |
| (Brand/Generic) Lasix/furosemide | Loop diuretic | RELEVENT TO MED | LAB NORMS K+ 3.5-5.5mEq/L | Monitor BP, pulse, weight, I&O. Adverse effects: | FOR TAKING | PATIENT TEACHING Change positions slowly, |
| (Brand/Generic) | Loop diuretic Normal Dose: | RELEVENT TO MED K+ 4.2mEq/L | | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels | FOR TAKING Remove | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO | Loop diuretic Normal Dose: 20-80 mg PO per | RELEVENT TO MED K+ 4.2mEq/L Other | | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, | FOR TAKING Remove fluid and | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see |
| (Brand/Generic) Lasix/furosemide | Loop diuretic Normal Dose: | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see | | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels | FOR TAKING Remove fluid and decrease | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID | Loop diuretic Normal Dose: 20-80 mg PO per | RELEVENT TO MED K+ 4.2mEq/L Other | | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, | FOR TAKING Remove fluid and | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 | Loop diuretic Normal Dose: 20-80 mg PO per day | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) | K+ 3.5-5.5mEq/L | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. | FOR TAKING Remove fluid and decrease hypertension | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION | Loop diuretic Normal Dose: 20-80 mg PO per | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB | | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION | FOR TAKING Remove fluid and decrease hypertension REASON | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION (Brand/Generic) | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB RELEVENT | K+ 3.5-5.5mEq/L | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies | FOR TAKING Remove fluid and decrease hypertension REASON FOR | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS Antinfective | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB | K+ 3.5-5.5mEq/L LAB NORMS | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies May give on full or empty stomach | FOR TAKING Remove fluid and decrease hypertension REASON | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med Take missed dose ASAP, |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION (Brand/Generic) Keflex/cephalexin | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS Antinfective 1st generation | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB RELEVENT TO MED | K+ 3.5-5.5mEq/L LAB NORMS WBC 5.0-10.0 x 10 | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies May give on full or empty stomach Administer around the clock | FOR TAKING Remove fluid and decrease hypertension REASON FOR TAKING | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med Take missed dose ASAP, do not double dose. |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION (Brand/Generic) Keflex/cephalexin Dose: 500 mg PO | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS Antinfective | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB RELEVENT TO MED Culture results | K+ 3.5-5.5mEq/L LAB NORMS | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies May give on full or empty stomach Administer around the clock Refrigerate oral suspension | FOR TAKING Remove fluid and decrease hypertension REASON FOR | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med Take missed dose ASAP, do not double dose. Report failure to resolve |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION (Brand/Generic) Keflex/cephalexin | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS Antinfective 1st generation | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB RELEVENT TO MED Culture results Hepatic enzymes | K+ 3.5-5.5mEq/L LAB NORMS WBC 5.0-10.0 x 10 3rd | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies May give on full or empty stomach Administer around the clock Refrigerate oral suspension Adverse effects: | FOR TAKING Remove fluid and decrease hypertension REASON FOR TAKING | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med Take missed dose ASAP, do not double dose. |
| (Brand/Generic) Lasix/furosemide Dose: 20 mg PO Frequency: BID Time: 0900, 1800 MEDICATION (Brand/Generic) Keflex/cephalexin Dose: 500 mg PO q 6 hr | Loop diuretic Normal Dose: 20-80 mg PO per day CLASS Antinfective 1st generation cephalosporin | RELEVENT TO MED K+ 4.2mEq/L Other electrolytes (see above) LAB RELEVENT TO MED Culture results Hepatic enzymes WBC: 14.3 | K+ 3.5-5.5mEq/L LAB NORMS WBC 5.0-10.0 x 10 | Monitor BP, pulse, weight, I&O. Adverse effects: Low electrolyte levels Hypotension, tinnitus, blurred vision, weakness, cramps, photosensitivity. IMPLEMENTATION Note allergies May give on full or empty stomach Administer around the clock Refrigerate oral suspension Adverse effects: Dizziness, diarrhea, anorexia, N&V, | FOR TAKING Remove fluid and decrease hypertension REASON FOR TAKING | PATIENT TEACHING Change positions slowly, eat foods high in K+ (see above), Use sunscreen PATIENT TEACHING Finish all med Take missed dose ASAP, do not double dose. Report failure to resolve |
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