

HANDOUT #1 : GOALS AND DREAMS

GOALS AND DREAMS WORKSHEET

GOALS	FIVE YEAR GOALS	TEN YEAR GOALS
YEARLY TASKS TO MAKE IT HAPPEN	YEARLY TASKS TO MAKE IT HAPPEN	YEARLY TASKS TO MAKE IT HAPPEN
MONTHLY TASKS	MONTHLY TASKS	MONTHLY TASKS
WEEKLY TASKS	WEEKLY TASKS	WEEKLY TASKS
DAILY TASKS	DAILY TASKS	DAILY TASKS