# **EMOTIONS AND FEELINGS**

### **HAPPINESS**

### CARING

### **DEPRESSION**

Delighted
Ebullient
Ecstatic
Elated
Energetic
Aglow
Buoyant
Cheerful
Contented
Cool
Fine
Genial
Glad
Gratified

Adoring
Ardent
Cherishing
Compassionate
Crazyabout
Fond
Fondof
Huggy
Kind
Appreciative
Attentive
Considerate
Friendly
Interestedin

Alienated
Barren
Grieved
Bleak
Dejected
Depressed
Empty
Barren
Beaten
Bleak
Woeful
Tearful
Upset
Weepy

#### **ANGER**

## **FEAR**

Anxious

### CONFUSIOIN

Aggravated
Annoyed
Antagonistic
Crabby
Cranky
Exasperated
Fuming
Grouchy
Hostile
Seething
Indignant
Irate
Irritated
Sullen

Careful
Cautious
Disquieted
Goose-bumpy
Shy
Tense
Timid
Uneasy
Unsure
Shocked
Terrified
Terror-stricken
Wrecked

Adrift
Ambivalent
Bewildered
Puzzled
Blurred
Disconcerted
Disordered
Disorganized
Disquieted
Disturbed
Dizzy
Foggy
Frozen
Frustated