

HAND WASHING WORD SCRAMBLE

Can you match the words to their definitions? Try to use the clues.

	Wipe	Answer
NGER	How are you feeling today?	_____
STUR	What is one type of germ?	_____
SENIA	What you should always wash	_____
TWAL	What you use to wash your face with.	_____
SAP	Message to someone you see.	_____
SEALSE	What germs are made	_____
CHEATH	This is another type of germ.	_____
THE WASH	Washing your hands can help you	_____



I pledge to wash my hands regularly

WASH YOUR HANDS
 FOR 20 SECONDS
 WITH SOAP AND WATER
 TO PREVENT THE SPREAD OF
 GERMS
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Hand Washing Lesson Plan - Grade 4

Objective: Students will understand the why, how, when, and where to wash hands.

Capital Pledges

- 1. Germs are a small but you can see and feel and they are found almost everywhere.
- 2. There are many types of germs (bacteria and viruses).
- 3. Bacteria and viruses can cause illness and disease like us, cold, influenza, pneumonia, hepatitis, and shingles.
- 4. Washing your hands is the best prevention against these illness and disease.

How to Wash Your Hands

1. Turn on the water (running water).
2. Use liquid or pump soap whenever possible.
3. Rub hands together vigorously for 20 seconds.
4. Pay special attention to the wrists and underneath the fingernails.
5. Rinse thoroughly and dry all hands with a dry paper towel or hand towel.

Where You Wash

- After using the toilet.
- After playing with animals, handling money and shopping, working in a kitchen, your car.
- Before preparing, handling or eating food.

Importance of Hand Washing

- Washes with clean running faucet water that can be very abundant and will last long after it has properly dried.
- Helps us to spread 4 ways: bacterial, viruses, parasites, and fungi, protozoa, and other (bacteria, viruses, parasites, fungi, protozoa, and other) (bacteria and virus).
- To prevent through application to how germs are spread please refer to the hand washing lesson plan.

Handwashing Information

- Hand washing message needs to be reinforced several times throughout the day, especially before lunch and after using the restroom.
- Look for message.
- Use simple, memorable messages such as the 20-second rule before if anyone is going to wash their hands. The song requires you use all of the washing duration for duration to prevent a mistake in washing.
- Place signs that describe the correct use of the hand for the children or caregiver. Access to the correct information.

Source of Lesson

1. www.cdc.gov
 2. www.ppp.gov
 3. www.hhs.gov
 4. www.who.int
 5. www.who.int
 6. www.who.int
 7. www.who.int
 8. www.who.int
 9. www.who.int
 10. www.who.int