

# Learning Style Inventory

To better understand how you prefer to learn and process information, place a check in the appropriate space after each statement below, then use the scoring directions at the bottom of the page to evaluate your responses. Use what you learn from your scores to better develop learning strategies that are best suited to your particular learning style. This 24-item survey is not timed. Respond to each statement as honestly as you can.

	Often	Sometimes	Seldom
1. I can remember best by writing things down. 2. I can easily understand and follow directions on a map. 3. I do best in academic subjects by listening to lectures and tapes. 4. I can understand a news article better by reading about it in a newspaper than by listening to a report about it on the radio. 5. I chew gum, smoke or snack while studying. 6. I can remember best about a subject by listening to a lecture that includes information, explanations and discussions. 7. I prefer to see information written on a chalkboard and supplemented by visual aids and assigned readings. 8. I like to write things down or to take notes for visual review. 9. I prefer to use posters, models, or actual practice and other activities in class. 10. I play with coins or keys in my pocket.			