

Learning Style Inventory

To gain a better understanding of yourself as a learner, you need to evaluate the way you prefer to learn or process information. By doing so, you will be able to develop strategies which will enhance your learning potential. The following evaluation is an easy, quick way of assessing your learning style.
This 24-item survey is not timed. Answer each question as honestly as you can.

	Often	Sometimes	Seldom
1. I like to write things down or to take notes for visual review.			
2. I enjoy working with my hands or making things.			
3. I am skillful with and enjoy developing and making graphs and charts.			
4. I can tell if sounds match when presented with pairs of sounds.			
5. I can remember best about a subject by listening to a lecture that includes information, explanations and discussion.			
6. I prefer to see information written on a chalkboard and supplemented by visual aids and assigned readings.			
7. I require explanations of diagrams, graphs, or visual directions.			
8. I prefer to use posters, models, or actual practice and other activities in class.			