

Generate this pattern for games that you can play to keep fit:

W	Th	F	Sa	Su	L	W	Th	F	Sa	Su	L
A	P	10	11	12	W	W	U	11	12	13	W
T	A	8	9	10	A	T	U	10	11	12	W
Th	Fr	A	8	9	W	F	1	2	3	4	W
W	Th	W	T	W	W	T	Th	W	W	W	T
U	A	10	11	12	U	W	W	L	11	12	U
Th	W	11	12	13	Th	T	W	L	L	W	L
F	W	10	11	12	T	W	1	2	3	4	W
T	W	10	11	12	A	U	W	1	2	3	W
W	L	10	11	12	W	T	1	2	3	4	L

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W	Th	F	Sa	Su	L	W	Th	F	Sa	Su	L
A	P	10	11	12	W	W	U	L	W	U	W
T	A	8	9	10	A	T	U	10	11	12	W
Th	Fr	A	8	9	W	F	1	2	3	4	W
W	Th	W	T	W	W	T	Th	W	W	W	T
U	A	10	11	12	U	W	W	L	11	12	U
Th	W	11	12	13	Th	T	W	L	L	W	L
F	W	10	11	12	T	W	1	2	3	4	W
T	W	10	11	12	A	U	W	1	2	3	W
W	L	10	11	12	W	T	1	2	3	4	L

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