

Be Be BE SPECIFIC

Worksheet

From the lists below, choose 2 characters (one protagonist and one antagonist), 5 objects, 1 setting (for the first scene), 2 adjectives, and one abstract noun. The last item will be the basis of your plot, and the point of conflict between the two characters. When you have made your choices, create the beginning of a story (minimum 500 words). If the writing Muse attacks you, continue with your story until it is finished.

Characters:

- A six-year old girl
- A schizophrenic doctor
- A poetic fire fighter
- A grumpy Christmas elf
- A ballet-trained football player
- A junkyard dog named BoBo
- A colorblind fashion designer
- A suburban mom who is an undercover agent
- A grocery store manager
- A Starbucks barrista
- A sports agent
- A lonely princess
- An angel named Buford
- The King of Hygria
- An diabolical cheerleader
- A female assassin
- A multi-million dollar lottery winner
- A professional surfer
- A police chief named Howie
- An airline pilot
- A bankrupt business executive

Setting:

- A park with a carousel
- A mall
- A classy steakhouse
- The Lincoln Memorial
- The Rocky Mountains
- A Bavarian village
- Wegman's
- A Gym
- The Outer Banks

Objects

- Pencil
- Daily newspaper
- Mirror
- Camera
- Earring
- Jacket
- Milwaukee Custard
- Broken chairs
- Big pretzels
- Baseball cap
- Sharpie colored pens
- Band-aids
- Flash cards
- Dictionary
- Paper clips
- Lamborghini
- A wagon
- Frying pan
- Nerf bat
- Super glue

Adjectives

- Furry
- Gnarled
- Crunchy
- Gruesome
- Shrewd
- Cunning
- Notorious
- Gracious
- Ill-mannered
- Gluttonous
- Faithful
- Dishonorable
- Honorable
- Brawny
- Slovenly
- Dapper
- Exquisite
- Blasphemous
- Convivial
- Boorish
- Bungles
- Vindictive
- Serene
- Laconic
- Malicious
- Observant

Abstract Nouns

- Freedom
- Confusion
- Hatred
- Valor
- Cowardice
- Serenity
- Aggression