

Lesson Plan Template

**Ohio Standards
Connections:**

Grades 3
Library Guidelines
Benchmark A #2
Benchmark D #1,2

Technology Literacy
Standard 3
Benchmark B #2,5
Standard 4
Benchmark C #2
Standard 5
Benchmark A #2
Benchmark B #1,3,4

Science Guidelines
Scientific Inquiry
5. Record and organize observations.
6. Communicate scientific findings to others through a variety of methods (e.g. pictures, written, oral and recorded observations)

Scientific Ways of Knowing
1. Describe different kinds of investigations that scientists use.

Team Members:
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&
Karen Foote (Media Specialist)

New Food Pyramid
3rd Grade
Kent State University, ILILE Program
Summer Technology Workshop

Lesson Summary:

Students will choose 1 fast-food item to research and to determine its nutritional value.

Students will create a "fast food fact card" that relates to their food. Each student will get a set of fact cards- a copy of each card made by his/her classmates.

Estimated Duration:

2 blocks of time- 40 minutes each

Commentary:

The students will be involved in a unit that will introduce them to the food pyramid, healthy eating habits, food labels and being responsible eaters at fast food establishments. The culminating activity will be the creation of a deck of cards created by the students with a fast food item on the front and nutrition facts on the back. These cards will help them and anyone who looks at them with the selection of foods they eat based on nutritional content. They will be involved in using the computer lab to research vocabulary / terms and the nutritional content of the foods of their choice with in the project.

This lesson will be the final lesson which will result in the completion of the nutrition fact cards. Each student will get a template of a deck of cards box to complete and decorate to store their deck of cards in.