

## Conflict Resolution Worksheet

Participant Names: \_\_\_\_\_

Adult(s) Supervising: \_\_\_\_\_

☺ Meet and talk about your problem. Take turns talking and listening. List your problem here:

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☺ Think of a solution together. What will help you solve your problem? Write your plan below:

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☺ Put your plan into action.

☺ Meet at a later time and check in. Is your plan working and why? If your plan isn't working, do you need to make another plan? What is your new plan? Write your answer below:

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