

$^{23}_{11}\text{Na}$ P 11 N 12 e 11		$^{24}_{12}\text{Mg}$ P 12 N 12 e 12	
$^{27}_{13}\text{Al}$ P 13 N 14 e 13		$^{28}_{14}\text{Si}$ P 14 N 14 e 14	
$^{31}_{15}\text{P}$ P 15 N 16 e 15		$^{32}_{16}\text{S}$ P 16 N 16 e 16	
$^{35}_{17}\text{Cl}$ P 17 N 18 e 17		$^{40}_{18}\text{Ar}$ P 18 N 22 e 18	
$^{39}_{19}\text{K}$ P 19 N 20 e 19		$^{40}_{20}\text{Ca}$ P 20 N 20 e 20	