

Creating a Support

Instead of drafting your essay, you work from your outline. Your outline should include your thesis and three topic sentences which will provide support for that thesis. These are your body paragraphs. In each paragraph, you will need to connect with specific details, examples, statistics and stories that support that topic sentence.

EXAMPLE 1: Thesis: In order to maintain a healthy weight, people need to eat healthy food, exercise, and live a moderate lifestyle.

Why/How?

1. People need to eat healthy food.

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2. Exercise keeps the body strong.

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3. Living a moderate lifestyle means having fun without getting in too much.

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EXAMPLE 2: Thesis: _____ is one of the most beautiful places on earth.

Why/How?