

Behavior Reflection

Name: _____ Date: _____

What Happened?

When and where did it happen?

Who else was affected?

Why did it happen?

How I felt after my actions?

When I made this choice, I was not demonstrating:

- ☐ Respect
- ☐ Cooperation
- ☐ Honesty
- ☐ Compassion
- ☐ Kindness
- ☐ Responsibility
- ☐ Other: _____

Why was this behavior not acceptable?

I think those affected might feel: (circle all that apply)
Angry, Lonely, Embarrassed, Annoyed, Enraged, Frustrated, Sad, Other _____

To make the situation better now, I will:

I suggest the following as a consequence for my actions:

Next time I am in this situation, I will...

Please sign below:

Student: _____ Teacher/Counselor: _____

Parent/Guardian: _____