

CLINICAL NOTE

Date _____ Client Name _____

SEEN: Individual Couple Colleague Family with Father with Mother Other _____
Referred by: Therapist/Colleague Client/Colleague No one

MENTAL STATUS

Orientation: Person Place Time/Situation **Self-Perception:** WNL Depersonalization Derealization

Insight: WNL Impaired **Mood:** Mild Moderate Severe **Judgment:** WNL Impaired Abnormal
 Moderate Severe

Appearance: WNL Not groomed Unkept Dirty Attentive Unusual

Behavior: WNL Guarded Withdrawn Provocative Hostile Irritable Uncooperative
 Suspicious Manipulative Hypertensive Selfish Hypertensive Cooperative Pleasant
 Under the influence

Speech: WNL Delayed Soft Loud Harsh Excessive Pressured Perseveration
 Incoherent

Affect: WNL Congruent Incongruent Labile Exaggerated Constricted Blunted Flat

Mood: Euthymic Euphoric Irritable Fearful Anxious Depressed Angry Sad
 Not Shame

Insight: WNL Limited/Concrete Impaired Lacking

Judgment: WNL Critical Logical Impaired

Thought Process: Organized Disorganized Goal Directed Rational Rigid Discrete Tangential
 Circumstantial Perceptual Concerning of Associations Blunted Flight of ideas
 Memory Impairment (Recent Remote)

Thought Content: Relevant Reflexive Not Present Auditory Visual Mood Congruent

Mood Incongruent Other _____

Reality Based Delusional Not Present Persecutory Endorsed Grandiose Suicidal

Paranoid Jealous Reference

Being Controlled Persecutory Thought Broadcasting Thought Insertion Mood Congruent

Mood Incongruent Other _____

Sleep: WNL Impaired Difficulty Initiating Early Waking Excessive Fatigue

Appetite: WNL Increased Decreased

Risk Assessment: **Suicidal Ideation:** No Evidence Denied No Intent Death Wish
 Plan _____

Homocidal Ideation: No Evidence Denied No Intent Plan _____

ETOH/ Substance Use: No Evidence Denied Social ETOH Other _____
 Abuse Dependence