

CLINICAL NOTE

Date _____ Client Name _____

SEEN: Individual Couple Colleague Family with Father with Mother Other _____
Referred by: Therapist/Colleague Client/Colleague No one

MENTAL STATUS

Orientation: Person Place Time/Situation Self-Perception: WNL Depersonalization Derealization

Insight: WNL Impaired/Mild Moderate Severe Judgment: WNL Impaired Abnormal
 Excellent Severe

Appearance: WNL Not groomed Unkept Dirty Attentive Unusual

Behavior: WNL Guarded Withdrawn Provocative Hostile Irritable Uncooperative
 Suspicious Manipulative Hypertensive Selfish Hypertensive Cooperative Pleasant
 Under the influence

Speech: WNL Delayed Soft Loud Stutter Excessive Pressured Perseveration
 Incoherent

Affect: WNL Congruent Incongruent Labile Exaggerated Constricted Blunted Flat

Mood: Euthymic Euphoric Irritable Fearful Anxious Depressed Angry Sad
 Not Shame

Insight: WNL Limited/Concrete Impaired Lacking

Judgment: WNL Critical Logical Impaired

Thought Process: Organized Disorganized Goal Directed Rational Rigid Diversive Tangential
 Circumstantial Perceptual Concerning of Associations Blunted Flight of ideas
 Memory Impairment (Recent Remote)

Thought Content: Relevant/Relevant Not Present Auditory Visual Mood Congruent
 Mood Incongruent Other _____

Reality Based Delusions Not Present Persecutory Erotomanic Grandiose Somatic
 Paranoid Jealous Reference

Being Controlled Persecutory Thought Broadcasting Thought Insertion Mood Congruent
 Mood Incongruent Other _____

Sleep: WNL Impaired Difficulty Initiating Early Waking Excessive Fatigue

Appetite: WNL Increased Decreased

Risk Assessment: Suicidal Ideation: No Evidence Denied No Intent Death Wish
 Plan _____

Homocidal Ideation: No Evidence Denied No Intent Plan _____

ETOH/ Substance Use: No Evidence Denied Social ETOH Other _____
 Abuse Dependence