

- Write and number your top 3 letters for 2022, or you may write your own ideas in the blank lines.
- Interview partners to see what their top 3 are and try to get your partner's feedback.
- Report your partner's top 3 to your members.

	My letters	Partner's letters	Notes
1. Spend more time with family and friends			
2. More sleep or get better physical shape			
3. Quit smoking			
4. Stay fit and			
5. Quit drinking			
6. Get out of debt			
7. More reading time			
8. Stay active			
9. Get organized			