

Health

Reading a Medicine Label

CASAS Competencies:

- 3.3.2-4 Interpret medicine labels
- 3.3.1 Identify and use necessary medications
- 3.4.1 Interpret product label directions and safety warnings

Outcomes:

- Understand medicine labels
- Learn vocabulary as it relates to medicine
- Comprehend safety warnings
- Follow directions as required from a medicine label

Teacher prep and materials:

- Overhead projector
- Transparency of Worksheet 1 (Medicine Label) and Worksheet 2 (Vocabulary Worksheet)
- Copies of Worksheet 2 (Vocabulary Worksheet)
- Copies of Worksheet 3 (Assessment)
- Copies of Self Study Lesson (Reading a Medicine Label) - optional

Why?

Warm up:

Use overhead and show transparency of Worksheet 1 (Medicine Label). Ask the learners if they have ever seen a medicine label. Where did they see it? Who was the medicine for? Facilitate discussion.

Explain that today's lesson will help students to read a medicine label. This will help them when they need to read medicine labels when they or someone in their family is sick. Also, the kind of practice we do today will help them improve their test taking skills.

What?

Explain that in today's lesson, the class will read a medicine label and work on new vocabulary. Explain that they will also read a medicine label and answer questions about it. Use Worksheet 1 (Medicine Label) to discuss the different pieces of information found on a medicine label: pharmacy information, prescription number, name of doctor, name of patient – the only person who should take the medicine, name of medicine, amount of medicine (number of pills/tablets/capsules or liquid amount), dosage, warnings/cautions.