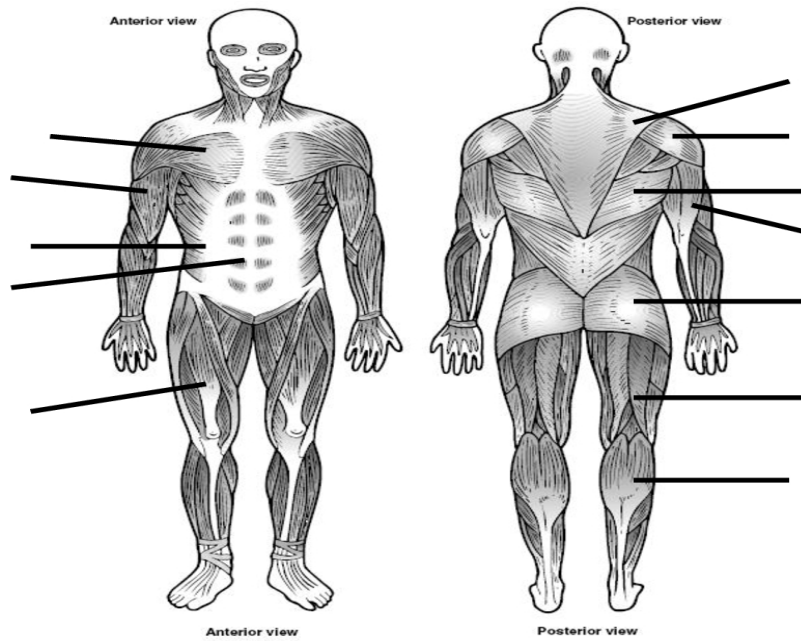


Worksheet – Major Muscles



Label these diagrams to show that you are able to identify the major muscles of the human body.



Names of missing muscle labels

| | | | | |
|------------------|------------|------------------|------------------|-----------------|
| Pectoralis Major | Trapezius | Gastrocnemius | | |
| Hamstrings | Quadriceps | Rectus Abdominus | External Oblique | |
| Biceps | Triceps | Deltoids | Latissimus Dorsi | Gluteus Maximus |