

Date

July 12, 2005

**Salutation or
Greeting**

Dear Editor,

Body

The article on July 10 said that the school board is thinking of canceling recess. As a recess-loving sixth grader in Sunnyvale Junior High, I would like to remind everyone why recess exists in the first place.

We work hard at school. Our young minds and bodies need a break. Recess gives us a chance to play, to breathe fresh air and just be ourselves. We talk with our friends, we run around and we relax. After recess, we return to our classes with new energy.

Conclusion

Some people might argue that recess is a waste of time. They believe that we should spend all of the school day in class. Well, I disagree. Recess is an important part of our school day. Don't take it away!

Sincerely,

Closing

Alice Brown

Your signature