

Birth Plan Worksheet- For Joy Michelle Price

ATTENDANTS AND AMENITIES

I'd like the following people to be present during labor and/or birth:

Partner: Timothy Shaun Price (called Shaun)

I'd also like:

To bring music

To take pictures and/or film during labor and delivery

LABOR

Once I'm admitted, I'd like:

My partner to be allowed to stay with me at all times

Only my practitioner, nurse, and guests present (i.e., no residents, medical students, or other hospital personnel)

To wear my contact lenses, as long as I don't need a c-section

To eat if I wish to

To stay hydrated by drinking clear fluids instead of having an IV

To walk and move around as I choose

As long as the baby and I are doing fine, I'd like:

To have intermittent rather than continuous electronic fetal monitoring

If they're available, I'd like to try:

A birthing chair