

# American Cheese

## Nutrition Facts

Serving Size 2 Slices

Servings Per Container 16

Amount Per Serving

**Calories 210**    **Calories from Fat 150**

%Daily Value\*

**Total Fat** 17g **26 %**

Saturated Fat 11g **54 %**

**Cholesterol** 50mg **17 %**

**Sodium** 790mg **33 %**

**Total Carbohydrate** 1g **0 %**

Dietary Fiber 0g **0 %**

Sugars 1g

**Protein** 12g

Vitamin A 15% • Vitamin C 0%

Calcium 35% • Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.



LOW=5% or less    HIGH=20% or more

