

Name _____ Date _____

WELLNESS RECOVERY ACTION PLAN

Name

Why you do not want them involved (optional)

Name

Why you do not want them involved (optional)

Name

Why you do not want them involved (optional)

Setting Disputes Between Supporters:

You might like to include a section that describes how you want possible disputes between supporters settled. For instance, you may want to say that a majority needs to agree, or that a particular person or two people make a determination.