

Curriculum Map for Peer Counseling

| Unit Name / Topic (specific timeframe, if any) | Benchmark   | Key Learnings (written as statement)  | Activities used  | Resources used   | Assessment of learning                     |
|--|---|---|--|--|--|
| Teambuilding                                   | Understand the importance of teamwork in order to form an effective group and build relationships | Working effectively as a team requires activities that bring the group together   | Teambuilding activities  | Books on teambuilding  | Teacher observation                        |
| Trust and confidentiality                      | Understand the importance of trust and confidentiality within the group                           | There must be trust in a group in order to have confidentiality   | Trust activity   | Trust activity instructions  | Classroom discussion, student reflection   |
|  | Demonstrate trust by sharing with class, demonstrate confidentiality                              | The group must learn trust and confidentiality and demonstrate this   | Friday Circle Check  |  | Teacher observation, student reflection    |
| Communication                                  | Identify the roadblocks to communication  | Roadblocks to communication interfere with open, honest communication   | Role playing roadblocks in pairs                                       | Envelope with the roadblocks written on pieces of paper                                | Classroom discussion                       |
| Peer Counseling session skills                 | Understand, practice and demonstrate good non-verbal communication skills                         | Non-verbal communication skills are an important part of an effective peer counseling session                           | Lecture on non-verbal skills, Practice good non-verbal skills in pairs | Lecture notes  | Teacher and peer observations              |
|  | Identify the steps of a peer counseling session   | Following the steps in a peer counseling session leads to a more effective session                                      | Lecture on steps of a peer counseling session                          | Lecture notes  | Will be assessed in audio tapes            |
|  | Understand, practice and demonstrate paraphrasing   | Paraphrasing is a skill that will be important in an effective peer counseling session                                  | Practice paraphrasing skills in pairs                                  | Handout on paraphrasing, demonstrate paraphrasing, examples for students to respond to | Teacher and peer observations' audio tapes |
|  | Understand, practice and demonstrate being able to "listen for feelings"                          | "Listening for feelings" is a useful skill in order to find out how a person is feeling underneath what they are saying | Teacher demonstration, students role play                              |  | Teacher and peer observations, audio tapes |