Goal-Setting Worksheet

My goal is:	
Plans a	and strategies (paths) to achieve my goal:
1.	
2	
2.	
3.	
What a	re the pros and cons associated with each plan or strategy?
1.	
2.	
 .	
3.	
Му	chosen plan is:
The	e first 3 steps of my plan are:
1.	
2.	