

MY GOALS FOR 2011

Name:

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categories for a clearer picture of your NEEDS and WANTS	List down your goals SPECIFICALLY	How would you MEASURE your success?	Describe your ACTION PLANS	Are your goals REALISTIC? Doable? Attainable? (Yes/No)	What is your TIME frame for these goals?	EXPECTATION MANAGEMENT Under what circumstances will you consider adjustments?	REVELATION Write a promise or verse from the Bible that supports these goals
Spiritual Life Bible, Daily Devotion, Church Ministry, Soul-Winning							
Family & Friends Improve Relationships, Marriage, Quality Time							
Health Weight Loss/Gain, Physical Fitness, Cholesterol Level, Body Mass Index							
Emotional, Psychological Growth Control Anger, Increase Risk-Taking, Handle Depression							
Education, Intellectual, Professional Promotion, Skill Training, Reading, New Courses							
Material New Car, Home Upgrade, Finance, Investments, Debt Reduction							
Leisure More time for Sports, Vacation, Hobbies, Sleep & Rest							
Creativity Taking up Painting, Gardening, Drama, Creative Arts, New Business Ideas							