COLLABORATIVE PROBLEM SOLVING

SKILL DEFICITS

DEMANDS OF ENVIRONMENT

UNSOLVED PROBLEMS

PLAN A	PLAN B	PLAN C
MAKE THEM	COLLABORATE	DROP IT

1. EMPATHY
Fully understand their concerns and their perspective.

"I've noticed that (*observation*), what's up?'

2. PROBLEM DEFINITION
Place your concern on the table.

"The thing is... (*describe your concern*)?'

3. INVITATION
Support them in exploring solutions that are workable and mutually satisfactory.

"I wonder if there's a way (to address both concerns)?'

BC Interior
ADHDclinic